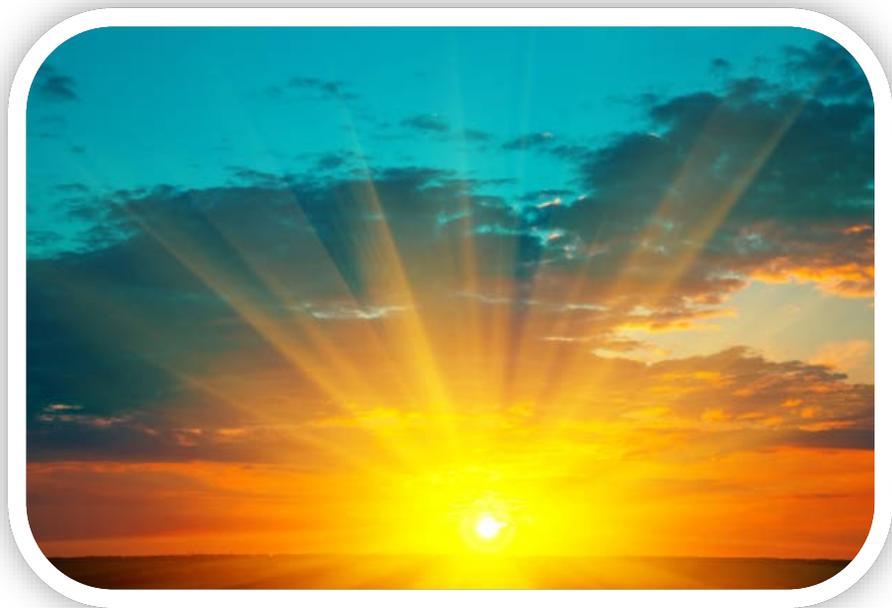


Prayer Booklet

Volume 1



NEW LIFE FAMILY CHURCH

Many of us learned to pray with rhymes as children. Over time, it often became just a repetition, without real meaning. Now, as adults our words can again often feel that it fall short and just repetition, feeling like we are not experiencing breakthroughs.

Effective prayer lies in the Word of God. I believe that our prayers are powerful when we incorporate Scripture into our prayers. There are verses that deal with forgiveness, overcoming depression and fear and how to live in victory in difficult times. There is scripture for every situation we could ever need.

This booklet has been compiled as an aid to your prayers. It is all pure Word. Identify some of your problem areas and start memorizing the scriptures where your struggles lie.

Our hope is that powerful prayer will become a part of your daily life. That it will be like food—something you can't live without. Experience the excitement and renewed confidence as you pray effectively for yourself, for your family, your friends, your colleagues, your church, your city and nation. Personalize the Word by putting your name or the name of the person you are praying for in the verse.

Get ready to reap the benefits of a new level of joy and peace as you daily pray life-giving words of encouragement that bring healing, strength, freedom and hope.

Compiled for you by New Life Family Church Staff.

The ESV was used for scripture unless otherwise indicated.

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Promises of God

There are over 8000 promises in the Word of God. By praying these promises, we remind ourselves of the goodness of the Lord and learn His perfect will for us.

DEUTERONOMY 28:1-2

“And if you faithfully obey the voice of the Lord your God, being careful to do all his commandments that I command you today, the Lord your God will set you high above all the nations of the earth. And all these blessings shall come upon you and overtake you, if you obey the voice of the Lord your God.”

JOSHUA 21:45

Not one word of all the good promises that the Lord had made to the house of Israel had failed; all came to pass.

I KINGS 8:56

“Blessed be the Lord who has given rest to his people Israel, according to all that he promised. Not one word has failed of all his good promise, which he spoke by Moses his servant.”

PSALM 89:34

I will not violate my covenant or alter the word that went forth from my lips.

Disappointment

Disappointment is something we all go through in life. Disappointment can be a passing emotion over a temporary loss or it can strike powerfully, crush us emotionally, mentally and spiritually, when something permanently changes our lives.

The Bible does not promise that we will never have problems, but gives us POWERFUL PROMISES and encouragement. Allow the Word and the Holy Spirit to encourage you through your disappointments.

ROMANS 8:28

And we know that for those who love God all things work together for good, for those who are called according to his purpose.

HABAKKUK 3:17-19

'Though the fig tree should not blossom, nor fruit be on the vines, the produce of the olive fail and the fields yield no food, the flock be cut off from the fold and there be no herd in the stalls, yet I will rejoice in the Lord ; I will take joy in the God of my salvation. God , the Lord, is my strength; he makes my feet like the deer's; he makes me tread on my high places. To the choirmaster: with stringed instruments.'

JAMES 1:2-4

Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness. And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing.

1 PETER 1:7

So that the tested genuineness of your faith—more precious than gold that perishes though it is tested by fire—may be found to result in praise and glory and honor at the revelation of Jesus Christ.

II CORINTHIANS 4:16-18

So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison, as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal.

PHILIPPIANS 4:6-7

Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

ISAIAH 40:28-31

Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and to him who has no might he increases strength. Even youths shall faint and be weary, and young men shall fall exhausted; but they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

PSALM 34:19

Many are the afflictions of the righteous, but the Lord delivers him out of them all.

COLOSSIANS 3:23-25

Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ. For the wrongdoer will be paid back for the wrong he has done, and there is no partiality.

Family

In the Bible, the importance of family is clearly emphasized as the foundation of love, support and spiritual growth. Families are God's gift to us, and through prayer we can invoke God's blessings on our loved ones. The power of prayer for our children and families not only brings protection, but also strengthens the bonds of love, compassion and unity. God's promises about the family remind us of the joy that is treasured in a blessed home, and how prayer can pave the way for spiritual prosperity and harmony within our families. By standing on His promises, we can create a divine atmosphere in our homes, which brings the family closer to Him and spreads His grace over each member.

JOSHUA 24:15

And if it is evil in your eyes to serve the Lord, choose this day whom you will serve, whether the gods your fathers served in the region beyond the River, or the gods of the Amorites in whose land you dwell. But as for me and my house, we will serve the Lord."

DEUTERONOMY 4:9

"Only take care, and keep your soul diligently, lest you forget the things that your eyes have seen, and lest they depart from your heart all the days of your life. Make them known to your children and your children's children.

PROVERBS 22:6

Direct your children onto the right path, and when they are older, they will not leave it. (NLT)

PSALM 103:17

But the steadfast love of the Lord is from everlasting to everlasting on those who fear him, and his righteousness to children's children.

DEUTERONOMY 28:12-14

The Lord will open to you his good treasury, the heavens, to give the rain to your land in its season and to bless all the work of your hands. And you shall lend to many nations, but you shall not borrow. And the Lord will make you the head and not the tail, and you shall only go up and not down, if you obey the commandments of the Lord your God, which I command you today, being careful to do them, and if you do not turn aside from any of the words that I command you today, to the right hand or to the left, to go after other gods to serve them.

PSALM 112:1-2

Praise the Lord ! Blessed is the man who fears the Lord, who greatly delights in his commandments! His offspring will be mighty in the land; the generation of the upright will be blessed.

ISAIAH 54:3

For you will spread abroad to the right and to the left, and your offspring will possess the nations and will people the desolate cities.

ISAIAH 54:13

All your children shall be taught by the Lord, and great shall be the peace of your children.

Faith

We have all faced difficult times of wavering and tired faith. Loss of a job, health problems, and death happen, and we are left wondering where God is and why this is happening. The Bible tells us that faith is the belief, trust, and loyalty to a person or thing - Christians find their security and hope in God as revealed in Jesus Christ. When your faith struggles to keep believing God's truths and promises, Scripture keeps inspiring and encouraging us!

HEBREWS 11:1

Now faith is the assurance of things hoped for, the conviction of things not seen.

HEBREWS 11:6

And without faith it is impossible to please him, for whoever would draw near to God must believe that he exists and that he rewards those who seek him.

MATTHEW 21:22

And whatever you ask in prayer, you will receive, if you have faith.”

PROVERBS 3:5-6

Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.

LUKE 1:37

For nothing will be impossible with God.”

MATTHEW 17:20

He said to them, “Because of your little faith. For truly, I say to you, if you have faith like a grain of mustard seed, you will say to this mountain, ‘Move from here to there,’ and it will move, and nothing will be impossible for you.”

II CORINTHIANS 5:7

For we walk by faith, not by sight.

ROMANS 10:17

So faith comes from hearing, and hearing through the word of Christ.

EPHESIANS 2:8-9

For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast.

Fear & Anxiety

Fear will try to sneak in at every turn of our lives- our health, our family, our safety and possessions, and wherever we give it any space. Satan knows exactly what bait to set out for us. He will use things like bad reports, discouraging thoughts, a negative word from a co-worker or family member, and unpleasant circumstances to get you out of faith and into fear.

The good news is, you can overcome fear and experience the peace of God. Fear doesn't have to be a part of your life. Take an active part by fighting the enemy with the one of the most powerful weapons—the Word of God.

I JOHN 4:18

There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love.

JOSHUA 1:9

Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go.”

ISAIAH 41:10

Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

PROVERBS 29:25

The fear of man lays a snare, but whoever trusts in the Lord is safe.

ROMANS 8:38-39

For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

PSALM 34:5

I sought the Lord, and he answered me and delivered me from all my fears.

DEUTERONOMY 31:6

Be strong and courageous. Do not fear or be in dread of them, for it is the Lord your God who goes with you. He will not leave you or forsake you.”

ISAIAH 41:13

For I, the Lord your God, hold your right hand; it is I who say to you, “Fear not, I am the one who helps you.”

PSALM 55:23

Cast your burden on the Lord, and he will sustain you; he will never permit the righteous to be moved.

MARK 5:36

But overhearing what they said, Jesus said to the ruler of the synagogue, “Do not fear, only believe.”

Forgiveness

Forgiveness and letting-go must be taught and practiced daily. Jesus preaches forgiveness frequently and prominently, and we are told to embrace it as His children. Forgiveness IS NOT OPTIONAL for Christians!! This is an ASSIGNMENT from God. It restores mentally, spiritually and even our physical bodies. Forgiveness lifts a crushing burden. It reconciles us to our Heavenly Father and unites us with Him. It brings peace and a right standing before God. Forgiveness is a blessing both to the person who gives it and to the one who receives it.

MATTHEW 18:21-22

Then Peter came up and said to him, “Lord, how often will my brother sin against me, and I forgive him? As many as seven times?” Jesus said to him, “I do not say to you seven times, but seventy-seven times. ’

MARK 11:25

And whenever you stand praying, forgive, if you have anything against anyone, so that your Father also who is in heaven may forgive you your trespasses.”

MATTHEW 6:14-15

For if you forgive others their trespasses, your heavenly Father will also forgive you, but if you do not forgive others their trespasses, neither will your Father forgive your trespasses.

MATTHEW 6:12

And forgive us our debts, as we also have forgiven our debtors.

LUKE 6:37

“Judge not, and you will not be judged; condemn not, and you will not be condemned; forgive, and you will be forgiven.

COLOSSIANS 3:13

Bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive.

Grace

God's grace is a free gift, often described with terms like "undeserved" or "undeserved favor." He does not count people's successes and failures to determine who receives his love or grace. Instead, out of the kind intent of his will, God gives all goodness freely, and in the Bible he describes himself as merciful.

II CORINTHIANS 12:9-10

But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong.

ROMANS 5:20-21

Now the law came in to increase the trespass, but where sin increased, grace abounded all the more, so that, as sin reigned in death, grace also might reign through righteousness leading to eternal life through Jesus Christ our Lord.

ROMANS 8:1

There is therefore now no condemnation for those who are in Christ Jesus.

EPHESIANS 2:8-9

For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast.

HEBREWS 4:16

Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.

ROMANS 5:8

But God shows his love for us in that while we were still sinners, Christ died for us.

EPHESIANS 4:7

But grace was given to each one of us according to the measure of Christ's gift.

EPHESIANS 2:8-9

For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast.

JAMES 4:6

"But he gives more grace. Therefore it says, "God opposes the proud but gives grace to the humble."

ROMANS 6:14

For sin will have no dominion over you, since you are not under law but under grace.

Healing

Healing comes through faith. To grow your faith for your healing, the Word is the place you need to be. Faith came by hearing—hearing it over and over again.

"To be spoken by mouth three times a day until faith comes, then once a day to maintain faith. If circumstances grow worse, double the dosage. There are no harmful side effects." - Charles Capps

EXODUS 15:26b

I am the God that health thee.

DEUTERONOMY 30:19-20

I call heaven and earth to witness against you today, that I have set before you life and death, blessing and curse. Therefore choose life, that you and your offspring may live, loving the Lord your God, obeying his voice and holding fast to him, for he is your life and length of days, that you may dwell in the land that the Lord swore to your fathers, to Abraham, to Isaac, and to Jacob, to give them."

PSALM 91:16

With long life I will satisfy him and show him my salvation."

MARK 5:34

And he said to her, "Daughter, your faith has made you well; go in peace, and be healed of your disease."

PSALM 103:3

Who forgives all your iniquity, who heals all your diseases.

ISAIAH 53:4-5

Surely he has borne our griefs and carried our sorrows; yet we esteemed him stricken, smitten by God, and afflicted. But he was pierced for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his wounds we are healed.

PSALM 118:17 (AMP)

I shall not die but live, and shall declare the works and recount the illustrious acts of the Lord.

I PETER 2:24

Who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes you were healed.

PSALM 107:19–20 (NLT)

“Lord, help!” they cried in their trouble, and He saved them from their distress. He sent out His word and healed them, snatching them from the door of death.

PROVERBS 4:20-22

My son, give attention to my words; incline your ear to my sayings. Do not let them depart from your eyes; keep them in the midst of your heart; for they [are] life to those who find them, and health to all their flesh.

ISAIAH 40:29

He gives power to the faint, and to him who has no might he increases strength.

PSALM 34:19

Many are the afflictions of the righteous, but the Lord delivers him out of them all.

PSALM 147:3

He heals the brokenhearted and binds up their wounds.

JOHN 10:10

The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly.

JEREMIAH 33:6

Behold, I will bring to it health and healing, and I will heal them and reveal to them abundance of prosperity and security.

III JOHN 1:2 (NASB)

Beloved, I pray that in all respects you may prosper and be in good health, just as your soul prospers.

JAMES 5:14-15

Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. And the prayer of faith will save the one who is sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven.

JEREMIAH 30:17 (NLT)

“I will give you back your health and heal your wounds,” says the Lord.

PSALM 105:5

He forgives all my sins and heals all my diseases.

PROVERBS 17:22a

A joyful heart is good medicine, but a crushed spirit dries up the bones.

Heart

The heart pumps blood through the body and if it stops beating, we stop living. The heart is physical but also spiritual. Just as it is physically our innermost organ, it is also the center of our spiritual lives. The intentions and purposes to what you devote your life is in your heart. God sees our hearts—our true intentions. His living Word exposes us for what we really are and the state of our heart determines what becomes of our life. Proverbs 4:23 summarises it as “Keep your heart with all vigilance, for from it flow the springs of life.

HEBREWS 4:12

For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart.

MATTHEW 6:21

For where your treasure is, there your heart will be also.

PSALM 119:10-11

With my whole heart I seek you; let me not wander from your commandments! I have stored up your word in my heart, that I might not sin against you.

MATTHEW 5:8

“Blessed are the pure in heart, for they shall see God.

PSALM 86:12

I give thanks to you, O Lord my God, with my whole heart, and I will glorify your name forever.

PSALM 51:10

Create in me a clean heart, O God, and renew a right spirit within me.

PROVERBS 3:5

Trust in the Lord with all your heart, and do not lean on your own understanding. '

PSALM 19:14

Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my rock and my redeemer.

PSALM 24:3-4

Who shall ascend the hill of the Lord? And who shall stand in his holy place? He who has clean hands and a pure heart, who does not lift up his soul to what is false and does not swear deceitfully.

PSALM 37:4

Delight yourself in the Lord , and he will give you the desires of your heart.

PROVERBS 23:26

My son, give me your heart, and let your eyes observe my ways.

Hope

One of the greatest gifts God has given us is hope. After all, that's what his promises are there for - to inspire hope. It gives us the ability to look at any situation and know that no matter what it may look like, God is going to come through. Life's challenges are sometimes overwhelming. When these challenges come, the attack is often on our hopes. The enemy tries to move us from hope to despair. Be encouraged by the Word and let hope stand firm in your heart and walk in the victory that comes from hope.

ISAIAH 40:31

But they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

ROMANS 5:3-5

Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us.

MICAH 7:7

But as for me, I will look to the Lord ; I will wait for the God of my salvation; my God will hear me.

JEREMIAH 29:11

"For I know the plans I have for you, declares the Lord , plans for welfare and not for evil, to give you a future and a hope.

ROMANS 15:13

May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.

HEBREWS 11:1

Now faith is the assurance of things hoped for, the conviction of things not seen.

ROMANS 8:24-25

For in this hope we were saved. Now hope that is seen is not hope. For who hopes for what he sees? But if we hope for what we do not see, we wait for it with patience.

ROMANS 12:12

Rejoice in hope, be patient in tribulation, be constant in prayer.

I PETER 1:3

Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead.

Joy

Joy is rooted in the character of God. It is not fleeting or based on our circumstances. Wordly possessions, accomplishments, people in our lives are blessings that make us happy and fuel our joyfulness. However, the source of joy is Jesus. God's plan from the beginning (the Word made flesh to dwell amongst us), is rock solid, allowing us to navigate difficult situations without happiness while sustaining our joy.

ROMANS 15:13

May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.

ROMANS 12:12

Rejoice in hope, be patient in tribulation, be constant in prayer.

PHILIPPIANS 4:4

Rejoice in the Lord always; again I will say, rejoice.

JAMES 1:2

Count it all joy, my brothers,^[a] when you meet trials of various kinds.

PSALM 37:4

Delight yourself in the LORD, and he will give you the desires of your heart.

Love

God is love. A short sentence and yet one of the most powerful statements. God's love is unconditional. Nothing we say, do, don't say, don't do can change how much God loves us. A God, a King - and yet he was willing to send His only Son, to walk a path of suffering, hatred, betrayal here on earth, just so that we can spend eternity with Him in the presence of love.

I CORINTHIANS 13:1-13

If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but have not love, I am nothing. If I give away all I have, and if I deliver up my body to be burned, but have not love, I gain nothing. Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrongdoing, but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things. Love never ends. As for prophecies, they will pass away; as for tongues, they will cease; as for knowledge, it will pass away. For we know in part and we prophesy in part, but when the perfect comes, the partial will pass away. When I was a child, I spoke like a child, I thought like a child, I reasoned like a child. When I became a man, I gave up childish ways. For now we see in a mirror dimly, but then face to face. Now I know in part; then I shall know fully, even as I have been fully known. So now faith, hope, and love abide, these three; but the greatest of these is love.

I JOHN 4:18-19

There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love. We love because he first loved us.

ISAIAH 54:10

For the mountains may depart and the hills be removed, but my steadfast love shall not depart from you, and my covenant of peace shall not be removed,” says the Lord , who has compassion on you.

JOHN 3:16

“For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life.

ROMANS 5:8

But God shows his love for us in that while we were still sinners, Christ died for us.

JOHN 15:13

Greater love has no one than this, that someone lay down his life for his friends.

ZEPHANIAH 3:17

The Lord your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing.

Protection

We can live in perfect peace. When we choose to believe the Word of God, fear is replaced with faith and we know that God is our Protector. No security plan or system can ever take the place of God's hand.

DEUTERONOMY 28:1-2

“And if you faithfully obey the voice of the Lord your God, being careful to do all his commandments that I command you today, the Lord your God will set you high above all the nations of the earth. And all these blessings shall come upon you and overtake you, if you obey the voice of the Lord your God.

JOSHUA 1:9

Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go.”

I KINGS 8:56

“Blessed be the Lord who has given rest to his people Israel, according to all that he promised. Not one word has failed of all his good promise, which he spoke by Moses his servant.

PSALM 125:1-2

Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows.

PSALMS 91:1-16

He who dwells in the shelter of the Most High will abide in the shadow of the Almighty. I will say to the Lord, “My refuge and my fortress, my God, in whom I trust.” For he will deliver you from the snare of the fowler and from the deadly pestilence. He will cover you with his pinions, and under his wings you will find refuge; his faithfulness is a shield and buckler. You will not fear the terror of the night, nor the arrow that flies by day, nor the pestilence that stalks in darkness, nor the destruction that wastes at noonday. A thousand may fall at your side, ten thousand at your right hand, but it will not come near you. You will only look with your eyes and see the recompense of the wicked. Because you have made the Lord your dwelling place—the Most High, who is my refuge—no evil shall be allowed to befall you, no plague come near your tent. For he will command his angels concerning you to guard you in all your ways. On their hands they will bear you up, lest you strike your foot against a stone. You will tread on the lion and the adder; the young lion and the serpent you will trample underfoot. “Because he holds fast to me in love, I will deliver him; I will protect him, because he knows my name. When he calls to me, I will answer him; I will be with him in trouble; I will rescue him and honor him. With long life I will satisfy him and show him my salvation.”

JOSHUA 21:45

Not one word of all the good promises that the Lord had made to the house of Israel had failed; all came to pass.

PSALM 89:34

I will not violate my covenant or alter the word that went forth from my lips.

II CHRONICLES 16:9a

For the eyes of the Lord run to and fro throughout the whole earth, to give strong support to those whose heart is blameless toward him.

PSALM 23:4-5

Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows.

HEBREWS 13:6

So we can confidently say, “The Lord is my helper; I will not fear; what can man do to me?”

PSALM 27:1

‘The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid?’

PSALM 121:1-8

I lift up my eyes to the hills. From where does my help come? My help comes from the Lord, who made heaven and earth. He will not let your foot be moved; he who keeps you will not slumber. Behold, he who keeps Israel will neither slumber nor sleep. The Lord is your keeper; the Lord is your shade on your right hand. The sun shall not strike you by day, nor the moon by night. The Lord will keep you from all evil; he will keep your life. The Lord will keep your going out and your coming in from this time forth and forevermore.

ISAIAH 43:1-2

But now thus says the Lord , he who created you, O Jacob, he who formed you, O Israel: “Fear not, for I have redeemed you; I have called you by name, you are mine. When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you.

PSALM 112:7

He is not afraid of bad news; his heart is firm, trusting in the Lord .

JOB 1:10

Have you not put a hedge around him and his house and all that he has, on every side? You have blessed the work of his hands, and his possessions have increased in the land.

Bonus Promises

Although you might feel alone, trust that God has not abandoned you. He has compassion on you. He holds you close, helps you and comforts you with His presence.

PSALM 27:10 (NIV)

Even if my father and mother abandon me, the Lord will hold me close.

PSALM 9:10 (ESV)

And those who know your name put their trust in you, for you, O LORD, have not forsaken those who seek you.

2 CORINTHIANS 4:8-9 (ESV)

We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed.

HEBREWS 13:5b (NLT)

God has said: “I will never fail you. I will never forsake you.”

1 JOHN 1:9 (ESV)

If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.



NEW LIFE
Family Church

48 Van der Stel Street
Kabega
Port Elizabeth

www.nlfc.co.za
newlife@nlfc.co.za
061 544 7358